



# The Reguster

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## Regus Client Spotlight: Mark Landiak, Corporate Dynamics Inc.

One of our tenants is Corporate Dynamics, Inc., a training & consulting firm that specializes in the areas of sales, customer service and the management of those functions. This summer Author House Publishing released a new book by CDI President, Mark Landiak about coping with and recovering from serious illness. The book opens with a backpacking trip in a remote part of the Grand Canyon where the battle for his health/survival began. Mark was diagnosed with Cardiac Sarcoidosis, a rare disease that can impact every organ in the body.

His new book, "**Getting Better**," highlights how he turned a diagnosis that could have been a death sentence into a quest for life and a prescription to help others who suffer from serious illness and disease. After 4 years, he is back to work full time and when not training managers and salespeople; he is delivering inspirational presentations on coping with, and recovering from difficult circumstances.



While many don't view such a grave topic as having a lighter side, Mark knows his sense of humor and playful nature with his family, friends and healthcare practitioners are a big part of what helped him get through some very difficult periods.

*"At any moment, whether in business or in our personal lives, we can be faced with unexpected and trying circumstances. I recognize that everyone's experience is different when battling a serious illness or injury. It is my hope that people will read my story and find aspects that they can use to help themselves or a loved one to get better...and I'm now using some of these principles to help my business improve as well."*

He is donating proceeds from his book to the Foundation for Sarcoidosis Research and has begun a personal philanthropic campaign called **S.T.E.P.S. to a Cure**. Look for a notice on our upcoming "**Take The Stairs Day**," that will recognize those that suffer from debilitating diseases.

To order a copy of "**Getting Better: Healing Prescriptions for Patients, Families and Friends**" or make a donation towards the research for finding a cure for Sarcoidosis, go to [GettingBetterWithMark.com](http://GettingBetterWithMark.com).



For orders of 10 or more, contact Meg Nigro at 630-778-9991 or email [info@gettingbetterwithmark.com](mailto:info@gettingbetterwithmark.com).

Pictured l to r: Mark Landiak, Boyd Henderson and David Bernitt climbing for a cure in Washington, DC at the Lincoln Memorial – May 21, 2016.